**Team Boat Rowing: Timelines and Criteria**

**Adult Athletes (including AMRC, MRC)**

***(March 10, 2021)***

The following timeline and activities will be monitored and evaluated weekly under consideration of King County COVID levels, facility density and record of health for athletes and staff. The terms and conditions are subject to change based on these factors, as well as our evolving knowledge of the COVID-19 virus.

**Vaccinated Adult Athletes**

**March 10**

* Eligible to row in pairs / doubles with other vaccinated individuals after the two-week waiting period has elapsed following both parties receipt of their final shot.
* GPRF Vaccine Attestation Form submitted to office.
* Request for equipment and interest in programming submitted via [online survey](https://docs.google.com/forms/d/e/1FAIpQLSdFjjI2GduQ-DYegs80RWynTdIG9umcscoe_x7jU6OZi4FIBA/viewform?usp=sf_link).
* Once confirmed by the office, equipment reservations may proceed through iCrew.
* Observe physical distancing of 6 feet when at the facility and on the dock.
* Wear masks when at the facility and on the dock.
* Maintain handwashing and sanitization protocols.
* Self-monitor for symptoms of COVID-19.

**March 15**

* Eligible to row in fours / quads with other vaccinated individuals after the two-week waiting period has elapsed following both parties receipt of their final shot.
* GPRF Vaccine Attestation Form submitted to office.
* AMRC / MRC to track vaccinations / participation internally.
* Groups of 4 PRC athletes interested in rowing a four or quad and meeting these criteria should contact [Helen Tilghman](mailto:Helen@pocockrowingcenter.org) directly. 1 email per group, please. We will scale up programming for team boats as we attain critical mass.
* PRC-owned fours and quads must be accompanied by a coaching launch.
* Coxswains to wear eye protection in addition to mask.
* Coxswains use designated microphone and sanitize equipment daily.
* Track practice attendance and lineups for contact tracing.
* Follow protocols as listed above.

**April 15**

* Eligible to row in eights with other vaccinated individuals after the two-week waiting period has elapsed following both parties receipt of their final shot.
* Follow protocols as listed above.

**Non-Vaccinated Adult Athletes**

**March 15**

* Eligible to row opt-in doubles under the following conditions:
  + Both parties sign GPRF Doubles / Pairs Waiver.
  + Partnerships remain fixed.
  + Request for equipment and interest in programming submitted via [online survey](https://docs.google.com/forms/d/e/1FAIpQLSdFjjI2GduQ-DYegs80RWynTdIG9umcscoe_x7jU6OZi4FIBA/viewform?usp=sf_link).
  + Once confirmed by the office, equipment reservations may proceed through iCrew.
  + Observe physical distancing of 6 feet when at the facility and on the dock.
  + Wear masks when at the facility and on the dock.
  + Maintain handwashing and sanitization protocols.
  + Self-monitor for symptoms of COVID-19.

**Process to opt-in to team boats or attest to vaccination:**

1. Identify partnership
2. Download, read and sign appropriate waiver.
3. Completed waivers can be:
   1. Scanned and emailed to: [info@pocockrowingcenter.org](mailto:info@pocockrowingcenter.org).
   2. Dropped off with Rachael Arand, PRC Member Services Rep.
4. Request PRC Equipment or register interest in PRC programming for doubles / pairs by filling out this [online survey](https://docs.google.com/forms/d/e/1FAIpQLSdFjjI2GduQ-DYegs80RWynTdIG9umcscoe_x7jU6OZi4FIBA/viewform?usp=sf_link).
5. We will confirm receipt of your form / request when we add permissions to reserve requested shells in iCrew.
6. [Utilize iCrew to reserve pairs and doubles.](https://b88293ad-599e-4234-ad84-fca499bf818a.filesusr.com/ugd/26b27b_ab642b0826844f26898e6d2d07c1be88.pdf)
7. Continue to reserve privately owned pairs and doubles for launch times.

Based on demand, we will evaluate and may add sessions or modify the schedule of coached sessions in order to better accommodate doubles and pairs.